

Recommended Optional Health Screening Tests

※ Please understand that we may refuse depending on the appointment circumstances.

※ Consumption tax included



☐ Lung cancer screening CT ¥6,700

Smokers between 50 and 74 years old: Screening once a year is recommended.

*Smokers with a smoking index above 600, including past smoking.

Non-smokers over 50 years old: It is done for 2 consecutive years, and once every 3 to 5 years afterwards.

Men and women between 40 and 49 years old: Allowed about once in every five years.

Men and women over 75 years old: For those who wish to apply.



☐ Visceral fat measurement by CT ¥3,500

Get the amount of fat measured in abdomen area with CT.



☐ Lumbar vertebrae (femur) bone density measurement(BMD) .. ¥4,000

Osteoporosis is common in postmenopausal women and elderly people.

Learn about your bone's condition (bone density) and how to prevent osteoporosis.



☐ Breast cancer examination

Breast cancer is a disease that can be cured if detected early.

Recommended for women over 40 years old, or those with family history.

☐ Mammography ¥4,500 (1 Way) ¥6,449 (2 Way)

☐ Breast echography(Ultrasound) ¥4,500

※Ultrasound is recommended for women under 40 years old or those who have been told to have abundant mammary glands.



☐ Prostate cancer examination(PSA) ¥2,200

Prostate cancer has been increasing significantly in men over the age of 50 in recent years and is expected to increase further in the future.

We recommend you to take prostate cancer examination once a year after 50 years old.



☐ Arteriosclerosis test(ABI) ¥1,700

By measuring the blood pressure of the limbs, the hardness and clogging of the artery can be checked easily.

It is recommended for people with high blood pressure, obesity, smoking, and high cholesterol.



☐ Urinary Helicobacter pylori test. ¥2,000

It is said that the presence of Helicobacter pylori increases the risk of gastritis, stomach ulcer, duodenal ulcer, and stomach cancer.

Your test can be performed on the examination day.



☐ Carotid echography(Ultrasound) ¥4,000

Diagnose the condition of the carotid artery (vessel of the neck) with ultrasound. You can check the degree of arteriosclerosis and the risk of disability.

Recommended for those concerned about diabetes, hypercholesterolemia, hypertension or metabolic syndrome.



☐ 36 types of allergies ¥15,000

Allergy is in an era in which one out of two people have. 36 kinds of allergies can be examined from a small amount of blood.

Recommended for those concerned with allergies.



☐ Thyroid examination

One in seven adult females have abnormality in the thyroid gland.

It is recommended for those who have symptoms such as fatigue or no weight gain despite over eating and palpitation.

☐ Thyroid hormone test. ¥4,700

☐ Thyroid ultrasound test. ¥4,000



☐ Uterine cancer examination(Pap Smear) ¥4,500

There are two types of uterine cancer, cervical cancer and uterine body cancer.

In general, uterine cancer screening refers to cervical cancer examination.

Early stage of cervical cancer is primarily asymptomatic. We recommend that you take an annual exam from the age of 20.